

## ZIG ZAG of emotions

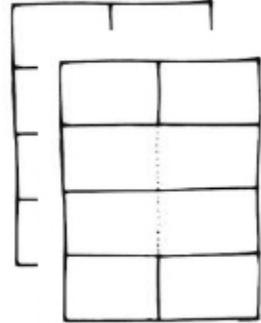
### by Incantina The Little Hare

Why do we laugh, cry, are we happy or are we sad?  
Because in our mind we have a lot of emotions that are all different from each other and all beautiful!

All these emotions form a gorgeous colorful rainbow and no one is alike!

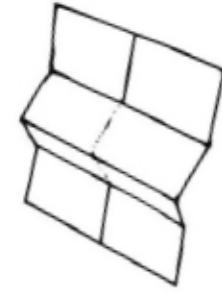
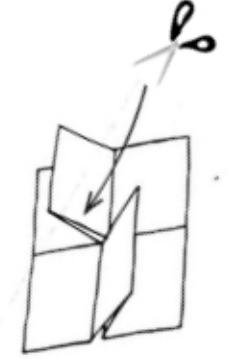
Incantina The Little Hare can see the rainbow inside each of her friends and she doesn't get mad if somebody is sometime grumpy or in a bad mood, because she knows that this is just one of many emotions of their bright rainbow!

To get started, you will need a small notebook. Here you will find the instructions to build it.



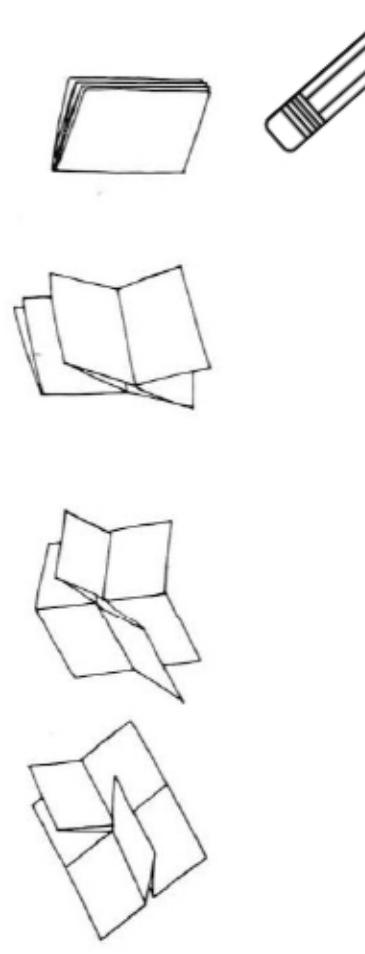
Turn this sheet over and place it on a table, you will notice that there are some lines. You have to fold this sheet along those lines.

Once you've made the folds, pull up and join the middle part, then cut along the dotted line.



Thanks to this adventure you will discover the rainbow hidden inside you!

Now play a magic game to fold your new notebook!



Have fun colouring the map!

